

Adult & Community Courses at Stafford College Autumn term 2011



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Welcome

Welcome to Stafford College's guide to Adult and Community learning opportunities.

Our commitment to equality and diversity means that we welcome students of all abilities and from diverse cultural and ethnic backgrounds.

What to do next

- Look for your area.
- Find a course that suits you.
- Read the course description (pages 15-19) for your chosen class to confirm your choice and check equipment requirements.
- **Phone one of the numbers shown opposite, if you need additional information or guidance.**
- Note the time, day, venue and price of your chosen course.
- Check whether you are entitled to reduced fees in the 'How to Enrol' section (on the back cover) and follow the instructions of 'How to Enrol'.

You are advised to enrol early to avoid disappointment. Please note: classes will run only when sufficient numbers have been enrolled.

Going on holiday?

Don't worry... If there are places available two weeks before the first week of the course, you can enrol for half of the term and pay only half of the fees. Please call 01785 275439 for further information.

For your information

Stafford College offers classes in over 80 locations. We work in partnership with local schools and voluntary organisations and hire community centres and church halls to ensure that there is a class near you.

Most of the courses are short and do not lead to qualifications. People at all levels of ability are welcomed in these groups and will learn something new.

This guide covers the areas of Acton Trussell, Brewwood, Coven, Eccleshall, Gnosall, Great Bridgeford, Haughton, Kinver, Penkridge, Stafford, Stone, Wheaton Aston and Wombourne.

There is a wide range of other courses offered at the College site which can be found in the main prospectuses for full-time and part-time courses.

If you want to talk to someone about what you would like to do, please ring us on 01785 275439.

Brush Up on English, Maths and ESOL

Skills for life 01785 275515
Email: skills4life@staffordcoll.ac.uk

Other classes in Stafford

Glenys Coombs 01785 275522
Email: g.coombs@staffordcoll.ac.uk
Mobile: 07979 595429

Classes in Stone, Eccleshall or Gnosall

Jenny Bennett 01785 275439
Email: j.bennett@staffordcoll.ac.uk
Mobile: 07771 696976

Classes in Penkridge, Coven, Brewwood or Wheaton Aston

Kathy Parkin 01785 788407 Mobile: 07919 401035
Email: k-parkin@wolgaston.staffs.sch.uk

Classes in Wombourne and Kinver

Tessa Clarke
Email: t.clarke@staffordcoll.ac.uk
Mobile: 07887 998901

If you have any difficulty in contacting us on the telephone numbers given please ring 01785 275439 (24hrs) and leave a message. Your call will be returned during the next working day.



Code	Course Title	Day	Time	Start Date	Wks	Fee	Venue
L1	Watercolours	Mon	9.00 - 11.00	19.09.11	10	£74.00	St Bertelins Church Hall, ST16 1JF
L2	Upholstery and Cane Seating	Mon	10.00 - 12.00	19.09.11	10	£74.00	Littleworth Community Centre, ST16 3UU
L3	Watercolours	Mon	11.00 - 13.00	19.09.11	10	£74.00	St Bertelins Church Hall, ST16 1JF
L4	Pottery	Mon	13.30 - 15.30	19.09.11	10	£74.00	Amerton Farm, ST18 OLA
L5	Dressmaking	Mon	14.00 - 16.00	19.09.11	10	£74.00	Littleworth Community Centre, ST16 3UU
L6	Sculpture Workshop	Mon	18.30 - 21.30	19.09.11	10	£111.00	Broad Eye, Main Site, ST16 2QR
L7	Guitar Playing for Beginners (Group of 4 only)	Mon	19.00 - 20.00	19.09.11	10	£95.00	Broad Eye, Main Site, ST16 2QR
L8	Life Drawing and Painting - Aimed at beginners	Mon	17.55 - 19.25	19.09.11	10	£67.00	Broad Eye, Main Site, ST16 2QR
L9	Watercolours	Mon	19.00 - 21.00	19.09.11	10	£74.00	Main Site, ST16 2QR
L10	Life Drawing and Painting	Mon	19.35 - 21.35	19.09.11	10	£85.00	Broad Eye, Main Site, ST16 2QR
L11	Guitar Playing for Beginners (Group of 4 only)	Mon	20.00 - 21.00	19.09.11	10	£95.00	Broad Eye, Main Site, ST16 2QR
L12	Sculpture - Modelling from Life	Tue	9.30 - 12.30	20.09.11	10	£120.00	Amerton Farm, ST18 OLA
L13	Painting	Tue	10.00 - 12.00	20.09.11	10	£74.00	The Scout Hut, Walton, ST17 0LD
L14	Pottery	Tue	10.00 - 12.00	20.09.11	10	£74.00	Broad Eye, Main Site, ST16 2QR
L15	Stitched Textiles and Mixed Media	Tue	10.00 - 12.00	20.09.11	10	£74.00	Broad Eye, Main Site, ST16 2QR
L16	Pottery - All abilities	Tue	19.00 - 21.00	20.09.11	10	£74.00	Broad Eye, Main Site, ST16 2QR
L17	Watercolours	Tue	19.00 - 21.00	20.09.11	10	£74.00	Main Site, ST16 2QR
L18	Stitched Textiles and Mixed Media	Tue	19.00 - 21.00	20.09.11	10	£74.00	Broad Eye, Main Site, ST16 2QR
L19	Silversmithing and Jewellery Making	Tue	19.00 - 21.00	20.09.11	10	£74.00	King Edward vi High School, ST17 9YJ
L20	Sculpture Workshop	Wed	9.30 - 12.30	21.09.11	10	£111.00	Amerton Farm, ST18 OLA
L21	Painting	Wed	10.00 - 12.00	21.09.11	10	£74.00	Walton Village Hall, ST17 0LD
L22	History of Art and Watercolour Painting	Wed	13.00 - 15.00	21.09.11	10	£74.00	The Grove Centre, Highfield Grove, ST17 9RF
L23	Painting and/or Stitching on Fabric	Wed	14.00 - 16.00	21.09.11	10	£74.00	Walton Village Hall, ST17 0LD
L24	Silversmithing and Jewellery Making for Beginners	Wed	17.15 - 19.15	21.09.11	10	£74.00	King Edward vi High School, ST17 9YJ
L25	Pottery - All abilities	Wed	19.00 - 21.00	21.09.11	10	£74.00	Broad Eye, Main Site, ST16 2QR
L26	Dressmaking	Wed	19.00 - 21.00	21.09.11	10	£74.00	Broad Eye, Main Site, ST16 2QR
L27	Acrylics and Oils for Beginners	Wed	19.00 - 21.00	21.09.11	10	£74.00	Broad Eye, Main Site, ST16 2QR
L28	Silversmithing and Jewellery Making	Wed	19.30 - 21.30	21.09.11	10	£74.00	King Edward vi High School, ST17 9YJ
L29	Stone Carving	Thu	9.30 - 12.30	22.09.11	10	£111.00	Amerton Farm, ST18 OLA
L30	Pottery for the Physically Disabled	Thu	9.30 - 15.00	22.09.11	10	£10.00	Broad Eye, Main Site, ST16 2QR
L31	Pottery - All abilities	Thu	15.15 - 17.15	22.09.11	10	£74.00	Broad Eye, Main Site, ST16 2QR
L32	Silversmithing and Jewellery Making	Thu	19.00 - 21.00	22.09.11	10	£74.00	King Edward vi High School, ST17 9YJ
L33	Art for all Abilities	Thu	19.00 - 21.00	22.09.11	10	£74.00	The Grove Centre, Highfield Grove, ST17 9RF
L34	History of Art and Watercolour Painting	Fri	13.00 - 15.00	23.09.11	10	£74.00	The Grove Centre, Highfield Grove, ST17 9RF

Arts, Crafts & Music - Stone, Eccleshall and Gnosall

L35	General Art (this term acrylics and oils + one session of life drawing)	Sat	10.00 - 16.00	17.09.11 15.10.11 19.11.11 10.12.11	4	£74.00	Gt Bridgeford Village Hall, ST18 9PR
L36	Upholstery and Cane Seating	Mon	19.00 - 21.00	19.09.11	10	£74.00	Cotes Heath Village Hall ST21 6RU
L37	Creative Stched Textiles, Dressmaking and Interiors	Mon	19.30 - 21.30	19.09.11	10	£74.00	Alleyne's High School, Stone, ST15 8DT
L38	Watercolours - All abilities	Tue	10.15 - 12.15	20.09.11	8	£60.00	Haughton Village Hall, ST18 9EZ
L39	General Art and Design	Tue	12.30 - 14.30	20.09.11	8	£60.00	Haughton Village Hall, ST18 9EZ
L40	Upholstery and Cane Seating	Wed	10.00 - 12.00	21.09.11	10	£74.00	Offley Hay Village Hall, ST21 6HH
L41	Guitar Playing for Elementary Learners (Group of 4 only)	Wed	12.30 - 13.30	21.09.11	10	£95.00	Haughton Village Hall, ST18 9EZ
L42	Guitar Playing for Beginners (Group of 4 only)	Wed	13.45 - 14.45	21.09.11	10	£95.00	Haughton Village Hall, ST18 9EZ
L43	Soft Furnishing and Upholstery	Thu	9.30 - 11.30	22.09.11	10	£74.00	Gnosall Methodist Church, ST20 0BN
L44	Life Drawing and Painting	Fri	9.30 - 12.45	23.09.11	10	£135.00	Gt Bridgeford Village Hall, ST18 9PR

Code	Course Title	Day	Time	Start Date	Wks	Fee	Venue
L45	Creative Ideas for your Home and Upholstery	Mon	18.30 - 20.30	19.09.11	10	£74.00	Wolgarston High School, Penkridge, ST19 5RX
L46	Dressmaking for Beginners	Mon	18.30 - 20.30	19.09.11	5	£37.00	Wolgarston High School, Penkridge, ST19 5RX
L47	Dressmaking (Continued)	Mon	18.30 - 20.30	31.10.11	5	£37.00	Wolgarston High School, Penkridge, ST19 5RX
L48	Learn to Paint and Draw - (All media)	Wed	10.00 - 12.00	21.09.11	10	£74.00	Brewood Y&C Centre, ST19 9HT
L49	Modern Bead and Wired Jewellery Making - Great Gift Ideas	Wed	18.30 - 20.30	21.09.11	10	£74.00	Wolgarston High School, Penkridge, ST19 5RX
L50	Learn to Paint and Draw - (All media)	Wed	19.00 - 20.30	21.09.11	10	£56.00	Wolgarston High School, Penkridge, ST19 5RX
L51	Soft Furnishings - Creative Ideas for your Home	Thu	10.00 - 12.00	22.09.11	10	£74.00	Brewood Y&C Centre, ST19 9HT
L52	Creative Soft Furnishing	Thu	13.00 - 15.00	22.09.11	10	£74.00	Community Centre Acton Trussell, ST17 0WS
L53	Upholstery and Soft Furnishings	Thu	19.00 - 21.00	22.09.11	10	£74.00	Brewood Middle School, ST19 9DS

Arts, Crafts & Music - Wombourne and Kinver

L54	Learn to Paint with Watercolours (Beginners welcome)	Mon	10.00 - 12.00	19.09.11	10	£74.00	Trysull Pavillion, WV5 7HP
L55	Learn to Paint with Watercolours	Mon	19.00 - 21.00	19.09.11	10	£74.00	Ounsdale High School, Wombourne, WV5 8BJ
L56	Design and Make Your Own Hat / Fascinator	Mon	19.00 - 21.00	19.9.11	10	£74.00	Ounsdale High School, Wombourne, WV5 8BJ
L57	Learn to Play the Guitar for Beginners & Improvers	Mon	19.00 - 20.30	10.10.11	7	£39.00	Ounsdale High School, Wombourne, WV5 8BJ
L58	Learn to Paint with Watercolours	Tue	10.00 - 12.00	20.09.11	10	£74.00	Kinver Community Centre, DY7 6ER
L59	Learn to Paint with Watercolours	Tue	19.00 - 21.00	20.09.11	10	£74.00	Edgediff High School, Kinver, DY7 6AA
L60	Learn to Paint with Watercolours	Wed	10.00 - 12.00	21.09.11	10	£74.00	Wombourne Y&C Centre, WV5 9EZ
L61	Bead and Wired Jewellery Making - Great Gift Ideas	Thu	19.00 - 21.00	22.09.11	10	£74.00	Wombourne Library, WV5 9EZ
L62	Creative Art and Design - All abilities	Fri	10.00 - 12.00	14.10.11	10	£74.00	Wombourne Y&C Centre, WV5 9EZ
L63	Painting for All Abilities	Fri	13.15 - 15.15	14.10.11	10	£74.00	Wombourne Y&C Centre, WV5 9EZ

Computing - Penkridge

L64	Computing for Beginners or to Refresh Your Skills	Wed	19.00 - 20.30	21.09.11	10	£56.00	Wolgarston High School, Penkridge, ST19 5RX
L65	Improve Your Digital Images	Wed	18.45 - 20.30	21.09.11	5	£33.00	Wolgarston High School, Penkridge, ST19 5RX
L66	Buy and Sell Safely on Ebay	Wed	18.45 - 20.30	02.11.11	3	£20.00	Wolgarston High School, Penkridge, ST19 5RX
L67	Understanding Youtube	Wed	18.45 - 20.30	23.11.11	2	£13.00	Wolgarston High School, Penkridge, ST19 5RX
L68	A Beginners Guide to Internet and email	Thu	19.00 - 20.30	22.9.11	10	£56.00	Brewood Middle School, ST19 9DS

Computing - Wombourne & Kinver

L69	Improve your Digital Images	Mon	19.00 - 21.00	19.09.11	5	£37.00	Wombourne Library, WV5 9EZ
L70	Buy and Sell Safely on Ebay	Mon	19.00 - 21.00	31.10.11	3	£23.00	Wombourne Library, WV5 9EZ
L71	Understanding Youtube	Mon	19.00 - 21.00	21.11.11	2	£15.00	Wombourne Library, WV5 9EZ
L72	Computing Skills for Beginners	Tue	09.35 - 11.05	20.09.11	10	£56.00	Wombourne Library, WV5 9EZ
L73	A Guide to Internet and email	Tue	11.15 - 12.45	20.09.10	10	£56.00	Wombourne Library, WV5 9EZ
L74	Improve Your Computer Skills	Thu	10.00 - 11.30	22.09.11	10	£56.00	Wombourne Library, WV5 9EZ
L75	Computing Skills For Beginners	Thu	11.30 - 13.00	22.09.11	10	£56.00	Wombourne Library, WV5 9EZ



Code	Course Title	Day	Time	Start Date	Wks	Fee	Venue
L76	Cake Decorating and Sugarcraft for Beginners	Mon	17.00 - 19.00	19.09.11	10	£74.00	Main Site, ST16 2QR
L77	Cake Decorating and Sugarcraft for Improvers	Mon	19.00 - 21.00	19.09.11	10	£74.00	Main Site, ST16 2QR
L78	Malay Cookery	Tue	18.30 - 20.30	20.09.11	5	£37.00	Main Site, ST16 2QR
L79	Indian Cookery	Wed	19.00 - 21.00	21.09.11	10	£74.00	Main Site, ST16 2QR

Food and Drink - Stone

L80	Back to Basics	Mon	18.30 - 20.30	19.09.11	5	£37.00	Walton Priory Middle School, Stone, ST15 0AL
L81	Kitchen Confidence	Mon	18.30 - 20.30	31.10.11	5	£37.00	Walton Priory Middle School, Stone, ST15 0AL

Food and Drink - Penkridge

L82	Back to Basics	Wed	18.30 - 20.30	21.09.11	5	£37.00	Wolgarston High School, Penkridge, ST19 5RX
L83	Kitchen Confidence	Wed	18.30 - 20.30	02.11.11	5	£37.00	Wolgarston High School, Penkridge, ST19 5RX
L84	Indian Cookery	Thu	19.00 - 21.00	22.09.11	5	£37.00	Brewood Middle School, ST19 9DS
L85	Indian Cookery	Thu	19.00 - 21.00	3.11.11	5	£37.00	Brewood Middle School, ST19 9DS

Food and Drink - Wombourne & Kinver

L86	Indian Cookery	Mon	19.00 - 21.00	19.09.11	5	£37.00	Ounsdale High School, Wombourne, WV5 8BJ
L87	Indian Cookery (continued)	Mon	19.00 - 21.00	31.10.11	5	£37.00	Ounsdale High School, Wombourne, WV5 8BJ

Health, Fitness & Dance - Stafford

L88	Yoga for All	Mon	18.05 - 20.05	19.09.11	10	£74.00	Main Site, ST16 2QR
L89	Tai Chi for Beginners	Mon	18.45 - 19.45	19.09.11	10	£37.00	Main Site, ST16 2QR
L90	Gentle Exercise for Older People	Tue	09.15 - 10.15	20.09.11	10	£10.00	Littleworth Community Centre, ST16 3UU
L91	Yoga - All Ages and Abilities	Tue	10.30 - 12.30	20.09.11	10	£74.00	Littleworth Community Centre, ST16 3UU
L92	Yoga - All Ages and Abilities	Tue	19.15 - 21.15	20.09.11	10	£74.00	Littleworth Community Centre, ST16 3UU
L93	Yoga for Improvers	Tue	18.30 - 20.30	20.09.11	10	£74.00	Main Site, ST16 2QR
L94	Belly Dancing - Intermediate	Wed	19.00 - 21.00	21.09.11	10	£74.00	Main Site, ST16 2QR
L95	Belly Dancing for Absolute Beginners	Thu	18.30 - 19.30	22.09.11	10	£37.00	The Grove Centre, Highfield Grove, ST17 9RF

Health, Fitness & Dance - Stone, Eccleshall and Gnosall

L96	Yoga	Mon	18.00 - 19.30	19.09.11	10	£56.00	Hanchurch Village Hall, ST5 4DG
L97	Men's Keep Fit	Mon	19.00 - 20.00	19.09.11	30	£30.00	Bishop Lonsdale Primary School, ST21 6AU
L98	Yoga	Tue	13.00 - 14.30	20.09.11	10	£56.00	Eccleshall Comm Centre, ST21 6JB
L99	Yoga	Tue	20.00 - 21.30	20.09.11	10	£56.00	St Lawrence Primary School, ST20 OET
L100	Gentle Exercise and Yoga	Thu	13.00 - 14.30	22.09.11	10	£56.00	Cotes Heath Village Hall, ST21 6RU
L101	Yoga - All Ages and Abilities	Thu	13.30 - 15.00	22.09.11	10	£56.00	Haughton Village Hall, ST18 9EZ
L102	Yoga - All Ages and Abilities	Thu	19.00 - 20.30	22.09.11	10	£56.00	Bishop Lonsdale Primary School, ST21 6AU

Health, Fitness & Dance - Penkridge

L103	Tai Chi for All Ages and Abilities	Mon	19.00 - 20.30	19.09.11	10	£56.00	Wolgarston High School, Penkridge, ST19 5RX
L104	Yoga for Health and Well-being	Wed	09.45 - 11.15	21.09.11	10	£56.00	Haling Dene Centre Penkridge ST19 5DT
L105	Yoga for Health and Well-being	Wed	19.00 - 20.30	21.09.11	10	£56.00	Wheaton Aston Y&C Centre, ST19 9PL
L106	Yoga for Health and Well-being	Thu	19.30 - 21.00	22.09.11	10	£56.00	St Paul's School, Coven, WV9 5AD
L107	Yoga for Health and Well-being	Thu	19.30 - 21.00	22.09.11	10	£56.00	Princefield School, Penkridge, ST19 5EP
L108	Men's Keep Fit (All abilities)	Fri	18.50 - 20.50	23.09.11	10	£74.00	Leisure Centre, Penkridge, ST19 5RX

Code	Course Title	Day	Time	Start Date	Wks	Fee	Venue
L109	M.M.M. Ladies Gentle Exercise	Mon	10.00 - 11.00	19.09.11	10	£37.00	Wombourne Y&C Centre, WV5 9EZ
L110	M.M.M. Ladies Fitness and Exercise	Mon	11.30 - 12.30	19.09.11	10	£37.00	Wombourne Y&C Centre, WV5 9EZ
L111	Bellydancing - Fusing Bollywood & Jazz	Mon	19.00 - 20.30	19.09.11	10	£56.00	Wombourne Y&C Centre, WV5 9EZ
L112	M.M.M. Ladies Gentle Exercise	Tue	10.00 - 11.00	20.09.11	10	£37.00	Kinver C.Centre, DY7 6ER
L113	Yoga for Health and Well-being	Wed	11.00 - 12.30	21.09.11	10	£56.00	Wombourne Y&C Centre, WV5 9EZ
L114	Bellydancing Intermediate Level	Thu	19.00 - 20.30	22.09.11	10	£56.00	Wombourne Y&C Centre, WV5 9EZ

Languages - Stafford

L115	French Conversation for Advanced Learners	Mon	10.00 - 12.00	19.09.11	10	£74.00	The Grove Centre, Highfield Grove, ST17 9RF
L116	French for Intermediate Learners	Mon	12.30 - 14.30	19.09.11	10	£74.00	The Grove Centre, Highfield Grove, ST17 9RF
L117	German for Absolute Beginners	Mon	17.30 - 19.00	19.09.11	10	£56.00	Main Site, ST16 2QR
L118	German for Intermediate Learners	Mon	19.15 - 21.00	19.09.11	10	£64.00	Main Site, ST16 2QR
L119	French for Upper Elementary Learners	Mon	19.00 - 21.00	19.09.11	10	£74.00	Main Site, ST16 2QR
L120	Spanish for Upper Elementary Learners	Mon	19.00 - 21.00	19.09.11	10	£74.00	Main Site, ST16 2QR
L121	Spanish for Absolute Beginners	Mon	19.00 - 21.00	19.09.11	10	£74.00	Main Site, ST16 2QR
L122	Italian Conversation - Advanced	Tue	10.00 - 12.00	20.09.11	10	£74.00	The Grove Centre, Highfield Grove, ST17 9RF
L123	French for Elementary Learners	Tue	10.00 - 12.00	20.09.11	10	£74.00	The Grove Centre, Highfield Grove, ST17 9RF
L124	Spanish Conversation - Intermediate	Tue	13.00 - 15.00	20.09.11	10	£74.00	The Grove Centre, Highfield Grove, ST17 9RF
L125	Spanish Conversation for Absolute Beginners	Tue	17.30 - 19.15	20.09.11	10	£65.00	Main Site, ST16 2QR
L126	Russian - An Introduction for Business People	Tue	18.30 - 20.30	20.09.11	5	£37.00	Main Site, ST16 2QR
L127	French for Absolute Beginners	Tues	19.00 - 21.00	20.09.11	10	£74.00	Main Site, ST16 2QR
L128	Spanish for Intermediate Learners	Tue	19.00 - 21.00	20.09.11	10	£74.00	Main Site, ST16 2QR
L129	German for Advanced Learners	Tue	19.00 - 21.00	20.09.11	10	£74.00	Main Site, ST16 2QR
L130	Spanish Conversation for Advanced Learners	Tue	19.30 - 21.15	20.09.11	10	£65.00	Main Site, ST16 2QR
L131	Spanish Conversation - Lower Intermediate Learners	Wed	18.15 - 20.15	21.09.11	10	£74.00	Main Site, ST16 2QR
L132	Mandarin Chinese for Absolute Beginners	Wed	19.00 - 21.00	21.09.11	10	£74.00	Main Site, ST16 2QR
L133	Italian for Intermediate Learners	Wed	18.00 - 19.30	21.09.11	10	£56.00	Main Site, ST16 2QR
L134	Mandarin Chinese for Intermediate Learners	Wed	18.00 - 19.00	21.09.11	10	£37.00	Main Site, ST16 2QR
L135	French for Intermediate Learners	Wed	19.00 - 21.00	21.09.11	10	£74.00	Main Site, ST16 2QR
L136	Spanish for Elementary Learners	Wed	19.00 - 21.00	21.09.11	10	£74.00	Main Site, ST16 2QR
L137	Italian for Lower Intermediate Learners	Wed	19.40 - 21.10	21.09.11	10	£56.00	Main Site, ST16 2QR
L138	Spanish Conversation for Upper Elementary Learners	Thu	10.00 - 12.00	22.09.11	10	£73.00	The Grove Centre, Highfield Grove, ST17 9RF
L139	Spanish Conversation for Absolute Beginners	Thu	14.00 - 16.00	22.09.11	10	£74.00	The Grove Centre, Highfield Grove, ST17 9RF
L140	Italian for Absolute Beginners	Thu	17.40 - 19.25	22.09.11	10	£65.00	The Grove Centre, Highfield Grove, ST17 9RF
L141	Spanish Conversation for Absolute Beginners	Thu	18.00 - 20.00	22.09.11	10	£74.00	The Grove Centre, Highfield Grove, ST17 9RF
L142	Italian for Upper Elementary Learners	Thu	19.35 - 21.20	22.09.11	10	£64.00	The Grove Centre, Highfield Grove, ST17 9RF

Languages - Stone, Eccleshall and Gnosall

L143	Italian for Intermediate Learners	Mon	19.00 - 21.00	19.09.11	10	£74.00	Walton Priory Middle School, Stone, ST15 0AL
L144	French for Absolute Beginners	Mon	19.00 - 21.00	19.09.11	10	£74.00	Walton Priory Middle School, Stone, ST15 0AL

Languages - Penkridge

L145	Spanish for Your Holidays - Beginners	Wed	18.15 - 19.15	21.09.11	10	£37.00	Wolgarston High School, Penkridge, ST19 5RX
L146	Spanish for Holidays - Improvers or Refresh	Wed	19.30 - 20.30	21.09.11	10	£37.00	Wolgarston High School, Penkridge, ST19 5RX
L147	French for Beginners	Thu	19.00 - 20.30	22.09.11	10	£56.00	Brewood Middle School, Brewood

Code	Course Title	Day	Time	Start Date	Wks	Fee	Venue
L148	Spanish for Absolute Beginners	Mon	19.00 - 21.00	19.09.11	10	£56.00	Ounsdale High School, Wombourne, WV5 8BJ

Learning New Skills - Stafford

L149	Machine Shop Practice	Mon	18.30 - 20.30	19.09.11	10	£74.00	Palmbourne site, Castletown, ST16 2TB
L150	Introduction to Sign Language	Tue	19.00 - 21.00	20.09.11	10	£74.00	Main Site, ST16 2QR
L151	RYA Day Skipper	Wed	19.00 - 21.00	21.09.11	24	£250.00	Main Site, ST16 2QR
L152	Trace Your Family History	Wed	19.00 - 21.00	02.11.11	5	£37.00	Main Site, ST16 2QR
L153	Coping With Hearing Loss	Fri	10.00 - 12.00	23.09.11	10	£10.00	Main Site, ST16 2QR

Learning New Skills - Stone

L154	Lip Reading	Tue	10.00 - 12.00	20.09.11	10	£10.00	Christchurch Centre, ST15 8ZB
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Learning New Skills - Penkridge

L155	A Guide to Reflexology	Wed	18.30 - 20.30	21.09.11	5	£37.00	Wolgarston High School, Penkridge, ST19 5RX
L156	A Guide to Shamanic Healing	Wed	18.30 - 20.30	02.11.11	5	£37.00	Wolgarston High School, Penkridge, ST19 5RX

Junior College - Stafford

L157	Art Club 1	6-10 years	Sat	9.30 - 11.15	17.09.11	10	£65.00	Main Site, ST16 2QR
L158	Art Club 2	11-16 years	Sat	11.15 - 13.00	17.09.11	10	£65.00	Main Site, ST16 2QR
L159	Cookery Club 1	6-10 years	Sat	9.00 - 10.30	17.09.11	11	£66.00	Main Site, ST16 2QR
L160	Cookery Club 2	11-16 years	Sat	10.30 - 12.30	17.09.11	11	£66.00	Main Site, ST16 2QR
L161	Guitar Club	6-10 years	Sat	9.30 - 10.30	17.09.11	10	£74.00	Main Site, ST16 2QR
L162	Guitar Club	11-16 years	Sat	10.30 - 11.30	17.09.11	10	£74.00	Main Site, ST16 2QR
L163	Guitar Club	11-16 years	Sat	11.30 - 12.30	17.09.11	10	£74.00	Main Site, ST16 2QR
L164	Spanish	8-11 years	Sat	9.30 - 10.30	17.09.11	10	£37.00	Main Site, ST16 2QR
L165	Salsa	7-14 years	Sat	10.40 - 11.40	17.09.11	10	£37.00	Main Site, ST16 2QR
L166	Cookery Club 3	8-14 years	Wed	16.30 - 18.30	21.09.11	11	£66.00	Main Site, ST16 2QR

Leisure course 2011/12 Enrolment Form



Please write clearly in BLOCK CAPITALS and complete the form in full. If you need help completing this form please ask at the Enrolment Centre.

1 Your personal details

Surname/family name _____ First names _____
 Title (Mr, Mrs, Miss, Ms, other) _____ Date of birth _____ Age at 31/8/2011 _____ Male Female
 Home Address _____
 _____ Postcode _____
 Telephone code/number Day _____ Evening _____
 Email address _____

2 Your course details

Course Code*	Course Title	Start Date	Start Time	Location of Course

* Please quote the course code recorded in the Adult and Community Course Guide (eg. L44).

3 Additional Information

Have you ever attended a course run by Stafford College? Yes No

If yes, with a different surname please state _____

Do you have any recent criminal convictions? Yes No
 (If Yes or unsure please provide details on form CSV 8 which is available from the Enrolment Centre)

How did you first find out about College courses?

Radio Ad Newspaper Ad Website Open Event Prospectus Friends/relatives
 Other - please state _____

Will you be a full-time school pupil from September 2011? Yes No

4 Additional Support

Do you have a disability (eg visual or learning impairment) Yes No

Do you have a learning difficulty? (eg dyslexia) Yes No

Do you have a health condition? (eg epilepsy, asthma, diabetes, arthritis etc) Yes No

If you answered YES to any of the above please provide details so that we can arrange any necessary additional support. Please tick this box if you prefer to discuss any matter confidentially with a member of our Disability and Health Conditions Adviser (DHCA) team



5 Fee Reductions

People in receipt of the following state benefits are not charged tuition fees although a payment of £5 per course is charged. Please tick the appropriate box if you are in receipt of one (or more) of the following:

- Jobseekers allowance
- Employment support allowance
- Pension credits
- Both disability living allowance **and** an income based benefit

All other applicants in receipt of one (or more) of the following state benefits are charged 50% of the fee quoted in the Adult & Community Course Guide.

- Council Tax Benefit
- Housing Benefit
- Income Support
- Working Tax Credit (with an annual income of up to £15,276)

Proof of benefit is needed to waiver fees.

6 Ethnic group

This information is required by the Government to monitor the distribution of ethnic groups amongst the student population.

- | | | |
|--|---|---|
| White | Mixed / Multiple ethnic group | Asian / Asian British |
| <input type="checkbox"/> English / Welsh / Scottish / Northern Irish / British Irish | <input type="checkbox"/> White and Black Caribbean | <input type="checkbox"/> Indian |
| <input type="checkbox"/> Gypsy or Irish Traveller | <input type="checkbox"/> White and Black African | <input type="checkbox"/> Pakistani |
| <input type="checkbox"/> Any Other White Background | <input type="checkbox"/> White and Asian | <input type="checkbox"/> Bangladeshi |
| | <input type="checkbox"/> Any Other Mixed / multiple ethnic background | <input type="checkbox"/> Chinese |
| | | <input type="checkbox"/> Any other Asian background |
| Black / African / Caribbean / Black British | Other ethnic group | |
| <input type="checkbox"/> African | <input type="checkbox"/> Arab | |
| <input type="checkbox"/> Caribbean | <input type="checkbox"/> Any other ethnic group | |
| <input type="checkbox"/> Any other Black / African / Caribbean background | <input type="checkbox"/> Not provided | |

7 How we use your personal information

The personal information you provide is passed on to the Chief Executive of Skills Funding (the Agency) to comply with legal duties and to monitor national trends in education. The information may be shared with other partner organisations for purposes relating to education and training.

Please tick any of the following boxes if you do not wish to be contacted:

- about learning opportunities for surveys by post by phone by email

8 Student Declaration

- I confirm that to the best of my knowledge the information given on this form is correct and complete.
- I give my consent to the College to pass on any personal information I have disclosed regarding any learning difficulty/disability, health condition or criminal conviction to relevant member(s) of College staff to help me with my studies (and any offer of a place may be subject to a risk assessment)
- I agree to abide by the terms and conditions of the College's Student Code of Conduct, which is included in the Part-time Student Handbook.
- I understand that if my course fees are not paid in full I will not be enrolled on a new course, until all outstanding debts have been paid.

Student signature _____ Date _____

College signature _____ Date _____

If you are applying by post this form should be returned to the College with either:

- your credit/debit card details
- a cheque made payable to Stafford College
- evidence of receipt of benefit (if appropriate) - See Section 5.

Alternatively you can enrol by telephone for most of our courses by calling: 01785 275607, or you can visit the Enrolment Centre at the College.

College use only: The student falls within the College fee remission policy.

Type of evidence seen _____ Staff signature _____ Date _____

College use only:

CSV 8 issued Yes

Input by _____ Date _____

Stafford College, Earl Street, Stafford ST16 2QR Telephone: 01785 275607 e-mail: enquiries@staffordcoll.ac.uk Web: www.staffordcoll.ac.uk



Languages Launch Evenings

Stafford College

Monday 12th September 7-8pm

Come to meet the tutors, discuss your needs and find out more.
French, German, Russian, Italian, Mandarin Chinese and Spanish.

Phone **01785 275439** for more details



Saturday Workshops

October - November 2011



Stafford College Main Site 15th October

Block Making and Printing 10am – 4pm Fee £22 Tutor: Jane Lockley

An introduction to making blocks using a variety of different media which can then be used to print onto fabric. The printed fabric could be used to make a variety of items, ie a cushion, table mat, bag, wall hanging, panel, book cover, etc. All materials provided. Bring an apron

Bread, Buns and Scones 11am – 4pm Fee £18 Tutor: Hilary Cahill

Learn the simple art of yeast cookery on this friendly, informative course. No previous experience needed - just bring along an apron and a container to transport your scrumptious products home.

Make a Handbag in a Day 10am – 4pm Fee £22 Tutor: Maria Broster

No experience needed. Learn how to make handbags for all occasions and how to adapt and personalise them to become either funky or elegant. Patterns, materials and equipment are provided.

Free Style Machine Embroidery 10am – 4pm Fee £20 Tutor: Jo Hill

Make an embroidered bird picture; you will learn how to prepare your fabric for embroidery, how to add or appliqué other fabrics and how to do freestyle machine embroidery. I will supply everything you need but if you wish to bring a sewing box and bits to personalise your embroidery and your own sewing machine you can. Your machine will need a darning foot and to be able to lower the feeder teeth, if in doubt ring Jo on 01785 816394.



Offley Hay Village Hall

12th November - Make a Sewing Tidy 10am – 4pm Fee £20 Tutor: Sheila Greaves

This is a very useful and essential item for anyone who sews, embroiders or any similar craft. It is a pin cushion with a bag attached where all the waste bits of fabric and thread are placed.

The course is suitable for anyone who can use a sewing machine and has a basic knowledge of sewing.

Step by step instructions will be given in a relaxed atmosphere. You will need:

- At least ¼ metre of cotton fabric (patterned)
- At least ¼ metre of cotton fabric for lining (patterned or plain to contrast)
- Sewing threads to match
- Sewing equipment – (scissors needles, tape measure, etc)
- Sewing machine in good working order with bobbins, instruction book and spare needles
- Packed lunch

The tutor will bring some equipment and limited amount of materials for use during the day, tea, coffee and homemade cakes.

Wombourne Community Centre

1st October - Patchwork & Quilting "Split 9 Patch" 10am – 4pm Fee £20 Tutor: Ann Jermey

An easy patchwork block with many possible patterns. A suitable day for beginners or those with more experience using a sewing machine and rotary cutters for making patchwork.

22nd October - Animal Portraits 10am – 4pm Fee £22 Tutor: Louise Griffin

Bring a photograph of your pet and create a successful watercolour portrait of the animal. Expert tuition and tips will be given. All materials are provided but feel free to bring your own if you wish. Lunch and Snacks are available for you to purchase in the village.

22nd October - Indian Head Massage 10am - 4pm Fee £22 Tutor: Annie Day

A course designed for absolute beginners to learn about the therapeutic benefits of Indian Head Massage. An opportunity to come along and explore the use of oils and creams for massage and learn basic massage movements. Massage can be practiced over clothing. Bring along a towel (and a packed lunch) and enjoy a sense of deep relaxation and wellbeing.

St Mary's Church Wheaton Aston

8th October - Drawing Workshop 10am – 4pm Fee £15 Tutor: Margaret Bailey

Learn how to successfully compose an image, work from photos and/or your imagination. Scaling up and transferring an image to canvas. All materials are provided but feel free to bring your own materials if you wish. For learners attending this course, a free painting demonstration will take place by Margaret Bailey. The demonstration will be your transferred image (from your morning workshop) painted in acrylics. Lunch and snacks are available at St Mary's at very reasonable rates and money raised goes towards the Church Funds.

Wombourne Library

22nd October - Ancestry 10am – 12pm Fee £10 Tutor: Wayne Ridgway

Find out how to start tracing your ancestors. This taster session will introduce you to the basic ancestry.com online searches and show you how to record your research. There will be guidance on using the family history websites and you will have opportunities to practise using some of these. It would be helpful to bring the details of someone born before 1901, full name and date of birth.

To enrol please phone 01785 275607.

Out of hours leave contact details on 01785 275439 for us to ring you back. Places limited, book early. You must enrol before 2pm on the Wednesday before the class is to run. Classes will only run if they recruit a viable number of learners.



Description of courses
What's it going to be like?
What should I bring?

Back to Basics

A course designed for those with a desire to learn or brush up on the culinary basics. From cakes, scones and pastry, to simple family meals and a dabble with herbs and spices, these classes aim to be relaxed, informative and fun. All techniques will be demonstrated by the tutor, and learners will take their dishes home complete with recipe sheets and instructions. There will be a small charge for ingredients each week – just bring an apron and an enthusiasm for home-cooked food. After the first week you will be instructed to bring your own fresh meat if required.

Bellydancing (All classes)

An ancient form of dance developed in the Middle East. Combines movements natural to the female body with the rhythms of popular and classical Arabic music. Women of all ages, shapes, sizes and abilities will enjoy this gentle form of exercise. Bellydancing can help to build your self – esteem. Wear comfortable clothing.

Bellydancing – Fusing Bollywood and Jazz

This is an introduction to one of the worlds oldest dance forms. During the course you will learn the correct posture, how to isolate the muscles and the technique to perform simple choreographies. The course will cover not only traditional folkloric dances but will also offer a modern approach to Belly Dance. You will learn a variety of different Belly Dance styles such as Cabaret, the folkloric Saiidi, Tribal style, Gypsy style, and also explore fusing Bollywood and Jazz to give a more modern look to this ancient dance form. The class is suitable for all ages, sizes and can improve your confidence, fitness levels, body awareness and co-ordination. It is low impact, fun and a very feminine way to exercise. You will also learn a little about the culture and history behind the dance.

Course requirements

No prior qualifications, experience or skill are required. You will be asked to complete a pre-exercise health check before the course and your tutor will discuss any aspects of you health and fitness which may be affected by exercise.

What to wear

Wear comfortable clothing that does not restrict your movement. Wear something around your hips to emphasise the moves such as a scarf or coin belt. Your tutor will give you information about buying coin belts. As the movement is low impact it is quite safe to dance barefoot however flat dance shoes may be worn.



Buying and Selling Safely on Ebay

Learn how to navigate around Ebay – an email address and some computer knowledge is essential.

Cake Decorating – Sugarcraft for Beginners

This course is aimed at beginners; learn to decorate cakes professionally and develop your skills in sugar paste modelling.

Cake Decorating – Sugarcraft for Improvers

For those who have completed the Beginners' Course.

Chinese (Mandarin)

See Foreign Languages. Learn the language of a fifth of the world's population, the business language of the future and the official language of the People's Republic of China and Taiwan with speakers scattered all over the globe. Take on the challenges of a language with few loan words from English, no tenses and a non-alphabetic script system with 5000 years of history. This course will take a practical approach.

Cookery – Back to Basics

A course designed for those with a desire to learn or brush up on the culinary basics. From cakes, scones and pastry, to simple family meals and a dabble with herbs and spices, these classes aim to be relaxed, informative and fun. All techniques will be demonstrated by the tutor, and learners will take their dishes home complete with recipe sheets and instructions. There will be a small charge for ingredients each week – just bring an apron and an enthusiasm for home-cooked food. After the first week you will be instructed to bring your own fresh meat if required.

Computer Skills (Improve your)

Suitable for those students with some experience of computers.

Computing Skills for Beginners or to Refresh your Computer Skills

Suitable for students with no or very little computer experience. An introduction to the practical uses of a computer in a helpful and friendly way.

Computers – A Beginners Guide to Internet and email

Become Web Wise. This course is aimed at introducing people to the Internet. Learn how to :-

- Navigate the World Wide Web using Microsoft Explorer
- Find information using search engines
- Learn the history of the Internet
- Learn all about using E-mail with Hotmail or Yahoo mail
- Learn how to attach files to E-mail messages
- Use the Internet to access information about your business or hobbies

Coping with Hearing Loss

In this class based on lip reading techniques you will learn how to cope with difficult hearing situations and rebuild your confidence with self help techniques. You will meet other people with similar problems in a friendly atmosphere of mutual support. You can train your eye and keep your brain alert! Whatever your age it is never too late to start ...or improve.

Creative Art and Design

Come, enjoy and experience Art and be introduced to some new techniques to you, whether you are a talented 'artist', having a go at a new hobby or re-kindling a pastime you now have time for. Some students work with a THEME which, with help, is developed in different styles and with different medium.

Creative Interiors and Upholstery

This course is suitable for the beginner and the more experienced student. It consists of re-upholstering chairs, stools and headboards. Soft furnishings can be done to include cushions, curtains, bed linen, pelmets tiebacks and lampshades. Students will need to bring an item to the first class in order to assess what needs to be done. All items will need to be transported each week as there are not storage facilities on site.

Creative Stitched Textiles

Includes soft furnishing (curtain making, cushions, etc), dressmaking (using and adapting a commercial pattern) and creative textiles (hand and machine embroidery, patchwork, fabric painting, silk paper making, felt making etc). No storage facilities are available at the site.

Creative Soft Furnishings

This course is suitable for all abilities and ages. Students choose their own projects and work at their own pace. Topics range from curtains, cushions, pelmets, blinds, bedding, loose covers, dining chairs, headboards, ottomans, stools. Design flair and the use of decorative techniques will be encouraged and supported.

Design and Make your own Hat/Fascinator

Come and have a step by step guide on how to make a hat or fascinator. The fabric you will be working with is sinamay. In just 3 -4 sessions you can hand block, sew and construct and embellish your sinamay hat to fit you and your design. If you have a wedding to go to, or the races why not have a go at making your own. Materials will be available to purchase, from the choice of sinamay and various trims. You are welcomed to bring your own embellishments to. All that's required is a basic sewing kit, your design and creative flair and for you to come and have some fun.

Digital Images (Improve your)

A guide to improving your digital photographs – some computer knowledge essential. Bring your camera and leads.

Dressmaking (all classes)

A course for someone wishing to learn how to make a garment using a commercial pattern. Students will learn how to adapt a pattern for a more personal finish. Suitable for the novice dressmaker or someone more experienced wishing to improve their skills for a truly professional finish. Bring fabric, pattern, pins, needles, tape measure, thread and scissors to the first class.

Ebay (Buying and Selling Safely on)

Learn how to navigate around Ebay – an email address and some computer knowledge is essential.

Foreign Languages (French, German, Italian, Mandarin Chinese, Spanish and Russian)

We offer classes at various levels:-

Absolute Beginners – intended for students with very little or no knowledge of the language – may be able to use a few words or phrases such as common greetings. The course will offer a basic level of understanding that would help you get by in a holiday situation. Students may choose to progress onto an elementary course.

Elementary – for those who can read and write very simple text and make themselves understood with difficulty, in some everyday situations; with limited vocabulary and very little knowledge of grammar. Suitable for those who have completed the beginners' course.

Upper Elementary - For those who feel they are getting to grips with the language and gaining in confidence and would like to improve their conversation skills.

Intermediate - For those who can understand the language when it is spoken slowly and distinctly and who can make themselves understood reasonably well in everyday situations but need to increase their vocabulary and use of the language.

Advanced – for those who are confident in expressing themselves in written and spoken language, but would like to extend their use of idiomatic expressions and advanced grammatical structures.

Business (Russian only) - an introduction to the language for business people. This five week course will give you the chance to speak modern Russian and also to unlock the secrets of the Russian alphabet. Each week a different topic will cover all the elementary vocabulary you need for a particular situation. The course is designed to give you a basic understanding of Russian and will send you on your business trip with confidence.

French
 See Foreign Languages for level.



French for Beginners at Brewood

This course is for beginners who intend to use practical French socially while on holidays. It will give students the opportunity to take part in simple predictable conversations in authentic situations, to request and understand information on food and drink in a restaurant/café and when shopping for food such as in supermarkets. Students will gain an introductory insight into French culture with an emphasis on speaking, listening and understanding.

General Art and Design

Improve your drawing skills. Learn how to correctly observe a subject, the rules of perspective and how to utilise various media. Develop an appreciation and enjoyment of art and find the media you are most comfortable with.

German

See Foreign Languages for level.

General Art

(see Acrylics and Oils and Life Drawing descriptors) This class will consist of two sessions of Acrylics and Oils and one of Life Drawing.

Gentle Exercise for Older People

This class will help with mobility and flexibility. Includes chair-based exercises; emphasis is on individual ability and progress.

Guitar playing (all levels)

Classic and modern, electric and acoustic guitar skills can be learned in these classes. Beginners welcome. You will need your own guitar.

History of Art and Watercolour Painting

Learn about the lives of the great artists and the influences that shaped their work, whilst gaining practical experience. Emphasis is placed on the importance of each student developing their artistic style while exploring and developing skills and techniques, building up a knowledge of materials, use of colour, composition and perspective. For recommended resources speak to individual tutor.

Improve your Computer Skills

Suitable for those students with some experience of computers.

Improve your Digital Images

A guide to improving your digital photographs – some computer knowledge essential. Bring your camera and leads.

Indian Cookery

A practical class planned to develop new cookery skills using exciting recipes and various cooking techniques. Students make a payment for the food each week. After the first week you will be instructed to bring your own fresh meat if required.

Internet and email (A guide to)

Become Web Wise. This course is aimed at introducing people to the Internet. Learn how to:-

- Navigate the World Wide Web using Microsoft Explorer
- Find information using search engines
- Learn the history of the Internet
- Learn all about using E-mail with Hotmail or Yahoo mail
- Learn how to attach files to E-mail messages
- Use the Internet to access information about your business or hobbies

Italian

See Foreign Languages for level.

Junior College (Art, Cookery, Guitar, Salsa Dancing, Spanish)

We offer small classes in an informal setting with a structured curriculum; planned to develop individual skills in a fun environment.

Kitchen Confidence

Learn how to put together healthy, interesting dishes that all the family will enjoy. Brush up on your existing skills and learn a few new tricks to lift your cooking to new heights. All you need is an apron and a container or two to transport your culinary triumphs! There will be a small charge each session for ingredients. After the first week you will be instructed to bring your own fresh meat if required.

Learn to Paint and Draw – all Media

An opportunity for beginners and improvers to learn how to draw and paint in a variety of media including pencils and pastels, oils, acrylics and watercolours.

Learn to Paint with Watercolours

Courses are flexible and provide learning for absolute beginners and more experienced artists. Emphasis is placed on the importance of each student developing their artistic style while exploring and developing skills and techniques, building up a knowledge of materials, use of colour, composition and perspective. For recommended resources speak to individual tutor.

Life Drawing and Painting

All levels welcome. A flexible approach to teaching with opportunities to explore different expressive approaches each week. Varied media encouraged. Students should bring some A1 cartridge paper, soft pencil and an eraser to the first class if possible.

Lip Reading

In a lip reading class you could learn how to cope with difficult hearing situations and rebuild your confidence with self help techniques. You will meet other people with similar problems in a friendly atmosphere of mutual support. You can train your eye and keep your brain alert! Whatever your age it is never too late to start ...or improve.

MMM (Margaret Morris Movement) (Ladies' Gentle Exercise) (Ladies' Fitness and Exercise)

MMM syllabus is based on a series of exercises, each a set of co-ordinated movements which are

designed to develop a sense of rhythm and balance to stretch and strengthen muscles and mobilise joints.

Machine Shop Practice

An appreciation of Machine Shop Practice techniques including lathes, milling, turning and grinding.

Malay Cookery

Bring an apron, there will be a small cost for ingredients each week.

Mandarin Chinese

See Foreign Languages for level.

Learn the language of a fifth of the world's population, the business language of the future and the official language of the People's Republic of China and Taiwan with speakers scattered all over the globe. Take on the challenges of a language with few loan words from English, no tenses and a non-alphabetic script system with 5000 years of history. This course will take a practical approach.

Men's Keep Fit

Suitable for all ages and abilities. Class involves a range of circuit training followed by team games (Volleyball and Basketball). Working in a group is more enjoyable than being alone in the gym! Please note new time and venue.

Modern Bead and Wired Jewellery Making/Great Gift Ideas

A practical course suitable for beginners and those advanced in the art of Jewellery making. Using a whole range of wires, beads and semi precious stones you will learn to create beautiful, cost effective wire-work jewellery which is ideal for gifts and special occasions, which can be adapted to suit your own personal taste and style. Tools and materials are provided.

Painting for All Abilities

Come and enjoy Painting/Art where you have access to help when you need it - any standard, style or medium. Just come and enjoy your Art.

Painting and/or Stitching on Fabric

Provides a variety of art forms to satisfy a range of needs. Includes the use of fabrics (often hand dyed) and a variety of threads to create individual pieces of work. We use machine and hand embroidery, together with quilting, bonding, felt making, silk painting and batik work. Drawing, pastel painting and watercolour painting from still life or photographs are other options available.

Pottery (all classes)

Suitable for all levels of ability. A structured programme is offered; students may also develop their own projects using tutor advice and guidance.

Pottery for the Physically Disabled

This class is led by a tutor who has suffered a stroke and who recognises the therapeutic effects of working with clay.

R.Y.A Day Skipper

A comprehensive introduction to chart work, navigation, meteorology and the basics of seamanship for competent crew and helmsman. You will find this course invaluable if you want to learn how to start making decisions on board.

Reflexology (A Guide to)

Reflexology is an ancient treatment that includes the skilled application of pressure to the reflex zones of the feet and hands. These areas in the feet correspond to areas in the body and treatment aims to restore the body's natural balance. This introduction will primarily look at treating the feet for yourself and family. All equipment is provided. A mixture of theory and practice. Be prepared to take off your shoes as practical participation is encouraged.

Russian

An introduction to the language for business people. This five week course will give you the chance to speak modern Russian and also to unlock the secrets of the Russian alphabet. Each week a different topic will cover all the elementary vocabulary you need for a particular situation. The course is designed to give you a basic understanding of Russian and will send you on your business trip with confidence..

Sculpture: Modelling from life

This class provides tuition in the traditional skills of modelling from life and working with plaster. Students are also welcome to pursue their own projects and ideas. All ages and abilities welcome including beginners. This class is held in a beautiful large space at a local art and craft gallery.

Sculpture Workshop

This class covers various sculpture techniques; 3D mosaic making; clay modelling; plaster carving; direct cement sculpture and much more. Students may follow their own project if they wish, beginners welcome.

Shamanic Healing (A Guide to)

Shamanic healing uses traditional healing methods that have been part of our British heritage for hundreds of years. This healing modality uses items for the natural world to enhance our vibration, bring balance into our lives. Using this system means we can heal our mind, body and spirit. We will be using: crystals, tree witnesses i.e. bark, twigs, leaves, pine cones and acorns; as well as feathers, stones and seashells. Learn this traditional system of healing as a standalone healing modality, or to enhance your existing complementary therapy skills in a fun and relaxed environment

Spanish

See Foreign Languages for level.



Stitched Textiles and Mixed Media

Working to a personal theme, learners will explore different approaches to producing stitching textiles using a combination of mixed media, to include paper, card, felt, Vilene, wireform and free standing constructions, painted and dyed fabrics to be incorporated with printing techniques. This will act as a base for both hand and machine embroidery. Free machine skills necessary.

Stone Carving

Introduction to stone carving, beginners welcome. This class is held in a purpose built space overlooking fields at a local art and craft gallery. Basic tools and stone supplied.

Silversmithing and Jewellery making

A chance to learn from scratch the ancient craft of the silversmith and explore the fascinating design possibilities of silver, silver, gold, gemstones etc. Have fun with a new hobby.

Soft Furnishings – Creative Ideas for your home

This course is suitable for all abilities and ages. Students choose their own projects and work at their own pace. Topics range from curtains, cushions, pelmets, blinds, bedding, loose covers, dining chairs, headboards, ottomans, stools. Design flair and the use of decorative techniques will be encouraged and supported.

Tai Chi (All classes)

One of the internal martial arts to improve physical and mental well being. Beginners' courses emphasise easy to follow exercises progressing to formal sequence and more in depth exercises in the advanced class. Suitable for all ages and abilities.

Trace your Family History

Find out how to trace who your ancestors were and what their lives were like. This course will show you where to find the information and introduce you to the basic sources such as civil registration indexes, census returns, parish registers and wills and show you how to record your research. There will be guidance on using some of the main family history

Understanding YouTube

Learn how to upload your videos to YouTube, how to edit them to make the most of your videos with websites and you will have opportunities to practise using some of these. Share, with the world your photos and videos. Join the social network revolution. Requires IT knowledge.

Upholstery and Cane Seating

The course is suitable for the beginner and consists of upholstering or re-caning a small item of furniture. Students will learn the technique of caning and advice will be given on the removal of old cane, cleaning and preparing the furniture and where to obtain cane. Students need to bring an item to the first class in order to assess what needs to be done. All items will need to be transported each week as there are no storage facilities on site.

Upholstery and Soft Furnishings

This course is suitable for the beginner and the more experienced student. It consists of re-upholstering chairs, stools, ottomans, headboards etc. Soft Furnishings included curtains, cushions, bed linen, pelmets, tiebacks and lampshades etc. Students need to bring an item to the first class to assess what needs to be done. All items will need to be transported each week as there are no storage facilities on site.

Watercolours

Courses are flexible and provide learning for absolute beginners and more experienced artists. Emphasis is placed on the importance of each student developing their artistic style while exploring and developing skills and techniques, building up a knowledge of materials, use of colour, composition and perspective. For recommended resources speak to individual tutor.

Yoga for All

Yoga all ages and Abilities; Yoga for Improvers. Take a mat and a small cushion to the class for your comfort. As students become flexible classical postures are attempted with breath control and relaxation.

Yoga (at Hanchurch)

Dynamic hatha yoga, the main focus of this class is to use the yoga postures to improve strength and flexibility. Breathing and relaxation techniques are also used which may help to reduce stress. This mixed ability class is suitable for all levels and ages. Please bring a mat and blanket.

Yoga for Health and Well-being (Wombourne and Penkridge areas)

Enjoy the benefits of practicing Yoga. Yoga is adaptable and available to all ages and abilities. You will learn to work with postures and sequences based on the age-old principles of Yoga which help improve and maintain your flexibility and strength of the major joints and spine, bringing a sense of well-being into your life. Release muscle tension, increase vitality and learn breathing techniques.

**How to enrol**

Choose from the following methods:

1. Complete the enclosed enrolment form and send it – with payment by cheque or credit card to:

The Enrolment Centre,
Stafford College,
Earl Street,
Stafford
ST16 2QR.

OR

2. Ring the Enrolment Centre on 01785 275607 tell them the course you want to enrol on, quoting the title, course number and venue. Confirm the price and other details with the Enrolment Officer.

Check your entitlement to reduced fees with the Enrolment Officer. Pay by quoting your credit or debit card number.

OR

3. Visit the Enrolment Centre at the College main site in Earl Street: Open: 9.00am – 5.00pm Monday to Thursday, 9.00am – 4.30pm Friday.

Tell the Enrolment Officer the course for which you wish to enrol, quoting the title, course number and venue.

Confirm the price and other details, check your entitlement to reduced fees, pay by quoting your credit or debit card number or using cash or cheque.

When you have enrolled you will receive any necessary further details and a receipt. Check that these are correct and bring them to the first class. If you cannot enrol in advance you may turn up to the first class but you will only be able to enrol if there are still places available.

Students enrolling on courses will only be recorded on the course register when payment has been made. We are unable to reserve places for individual students.

Our fax number is 01785 259953

e-mail: enquiries@staffordcoll.ac.uk

website: www.staffordcoll.ac.uk

Fee Reductions

People claiming the following benefits and the unwaged dependants of these people will pay only the £5 registration fee:

- Jobseekers allowance
- Employment support allowance
- Pension credits
- Both disability living allowance and an income based benefit

All other people claiming an income based benefit pay half the full fee. Proof of benefit is needed to waiver fees.

Learners in receipt of income based benefits will receive a reduction of 50% for a Leisure course.

If you have any difficulty in contacting us on the telephone numbers given please ring 01785 275439 (24hrs) and leave a message. Your call will be returned during the next working day.

Going on holiday?

Don't worry... If there are places available two weeks before the first week of the course, you can enrol for half of the term and pay only half of the fees. Please call 01785 275607 for further information.

The Information in this prospectus was, to the best of our knowledge, accurate when we went to print. We are constantly reviewing our facilities and the courses we offer, details may therefore change.



Stafford College, Earl Street, Stafford, ST16 2QR
 Enrolment Line: 01785 275607
 Switchboard: 01785 223800
 Fax: 01785 259953
 E-mail: enquiries@staffordcoll.ac.uk

www.staffordcoll.ac.uk

