



Feel safe

Everyone has the right to lead their lives free from violence and abuse.

Everyone has the right to protection from mistreatment and abuse.

If you are experiencing any type of abuse either at College or in your personal life, please speak with your tutor, your lecturer, or any member of College staff. **We are here to help you.**

Types of abuse

Children and vulnerable adults can be susceptible to:

- Physical abuse
- Sexual abuse
- Neglect
- Emotional or psychological abuse
- Domestic Violence
- Financial or material abuse
- Discrimination
- Bullying, including cyber bullying and text bullying

**Abuse is never ok.
If you are being abused
it is important to speak
out and tell someone**